

How to Live a Better Life ~ Tips for Seniors

Thursday, November 3, 2022 | 8:30 a.m. – 11:30 a.m.

*Franciscan Center
Lourdes University
6832 Convent Blvd, Sylvania, OH 43560*



***FREE and
OPEN TO THE PUBLIC***

Join us for a morning of educational presentations and resources!

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| 8:30 a.m. to 9:00 a.m. | Networking and Refreshments |
| 9:00 a.m. to 9:10 a.m. | Welcome and Introductions |
| 9:10 a.m. to 9:30 a.m. | <i>Facing Change – Making Choices</i> Presented by Mr. Chris Cremean, Resource Specialist, Caregiver Resource Group, LLC |
| 9:30 a.m. to 9:45 a.m. | Break — Visit our Resource Tables |
| 9:45 a.m. to 10:15 a.m. | <i>Estate Planning Basics</i> Presented by Mr. Phillip Wylkan, Certified Elder Law Attorney |
| 10:15 a.m. to 10:30 a.m. | Break — Visit our Resource Tables |
| 10:30 a.m. to 11:00 a.m. | <i>Financial Planning- Determining Quality of Life</i> Presented by Larry Tomczak, Financial Advisor, Skylight Financial Group |
| 11:00 a.m. to 11:30 a.m. | Wrap-up — Visit our Resource Tables |

*Sponsored by
the Northwest Ohio Gerontological Association and
Lourdes Lifelong Learning*